

## Senior Mental Health Lead Training for Schools & Colleges

Delivered at The Walled Garden Sanctuary The Switzer Suite Nostell Priory Wakefield WF4 1AB

**SMHL092 SHS Cohort 11 2026**

Three full days of face-to-face training:

**10<sup>th</sup> and 11<sup>th</sup> September 2026**

**& 6<sup>th</sup> October 2026**

Followed by 6 Twilight Peer Support Sessions dates in 2025/26:

and One to One coaching with Sarah Henry for a year.

### Testimonials:

“The training was like nothing I have done before and would highly recommend.”

**“Every Headteacher should do this course!”**

“The holistic approach has been refreshing to say the very least giving me the tools and confidence to not only help my colleagues and students but to support my peers and senior leaders which I would never have been able to do previously”

**“I was so pleased I chose this course**

the trainers have fantastic knowledge and experience with mental health both in a school and out of school. The support we have been given has been amazing”

The Switzer Suite, The Nostell Business Estate, Wakefield WF4 1AB

Sarah Henry Safeguarding Consultancy is a LTD Company Number 12694353  
[www.sarahhenry.co.uk](http://www.sarahhenry.co.uk)

Sarah Henry Safeguarding

SHS



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### Accredited and Quality Assured

SHS is one of only 62 original approved Senior Mental Health Lead training suppliers to schools and colleges in England.

This course is priced at £1500.00 for the year and each cohort is available for a maximum of 6 schools at a time resulting in a bespoke tailored and supportive training experience.

email [sarah@sarahhenry.co.uk](mailto:sarah@sarahhenry.co.uk) to book your place.

Lunch and refreshments are included on all of the face-to-face training days and a light supper on the twilight sessions.

Free car parking at Nostell Priory for all delegates.

Nearby accommodation is available at The Waterton Park Hotel at a specially discounted rate for delegates.

