

## Senior Mental Health Lead Training for Schools & Colleges

Delivered at The Walled Garden  
Sanctuary The Switzer Suite  
Nostell Priory Wakefield WF4 1AB

### SMHL092 SHS Cohort 11 2026

Three full days of face-to-face  
training:

10<sup>th</sup> and 11<sup>th</sup> September 2026  
& 6<sup>th</sup> October 2026

Followed by 6 Twilight Peer  
Support Sessions dates in  
2025/26:

and One to One coaching with  
Sarah Henry for a year.

#### Testimonials:

"The training was like nothing I have  
done before and would highly  
recommend."

***"Every Headteacher should do this  
course!"***

"The holistic approach has been  
refreshing to say the very least giving  
me the tools and confidence to not  
only help my colleagues and students  
but to support my peers and senior  
leaders which I would never have  
been able to do previously"

***"I was so pleased I chose this course***  
the trainers have fantastic  
knowledge and experience with  
mental health both in a school and  
out of school. The support we have  
been given has been amazing"

The Switzer Suite, The Nostell Business  
Estate, Wakefield WF4 1AB

Sarah Henry Safeguarding Consultancy is  
a LTD Company Number 12694353  
[www.sarahhenry.co.uk](http://www.sarahhenry.co.uk)

Sarah Henry Safeguarding

SHS



PDCD1086  
DUAL TRAINING &  
CPD ACCREDITATION  
2023-2025

## Senior Mental Health Lead Training for Schools and Colleges

### Accredited and Quality Assured

SHS is one of only 62 original approved Senior Mental Health  
Lead training suppliers to schools and colleges in England.

This course is priced at £1500.00 for the year and each cohort is  
available for a maximum of 6 schools at a time resulting in a  
bespoke tailored and supportive training experience.

email [sarah@sarahhenry.co.uk](mailto:sarah@sarahhenry.co.uk) to book your place.

Lunch and refreshments are included on all of the face-to-face  
training days and a light supper on the twilight sessions.

Free car parking at Nostell Priory for all delegates.

Nearby accommodation is available at The Waterton Park Hotel  
at a specially discounted rate for delegates.

